



INDIAN DENTAL ASSOCIATION THIRUVALLA BRANCH



WDC & Cultural committee of IDA Thiruvalla
invites all the members of IDA Kerala State
for a fun & creative Valentines day contest,

Amour

...to infinity and beyond

DR.MAYA MATHAI
HON.PRESIDENT

DR.SEEMA JOSEPH
HON.SECRETARY

DR.ROJI KURIAN
HON.TREASURER

WDC REPRESENTATIVES
DR.DEEPTHI SANTHOSH
DR.SHIBI MATHEW. V

CULTURAL COORDINATOR
DR.ABHILASH.R

Love is in the air and so is creativity!

IDA Thiruvalla branch is thrilled to invite all branches to participate in our exciting state-level cultural competitions themed around Love and Romance. Showcase your talent and compete with the best from across Kerala!

4 Online Contests

Love, Take One!

Dancing Duos

Dentistry & Love

Frames of Love

Registration and Submission Deadline:
12/02/2025

Winners Announcement: 14/02/2025

Love, Take One!

(Enacting Romantic Scenes from Movies)

- ♥ *Send a recorded video of your performance*
- ♥ *Max Duration: 3 minutes*
- ♥ *Single or Multiple participants*
- ♥ *Judging Criteria:*
 - Acting skills and expressions*
 - Creativity and originality*
 - Screen presence and dialogue delivery*



Dancing Duos (Couple/Pair Dance Contest)

- ♥ *Perform a romantic duet dance (can be classical, contemporary, or freestyle). Open to all dance forms.*
 - Max Duration: 3 minutes.*
- ♥ *Submit a recorded dance video.*
- ♥ *Can perform as a couple or a pair irrespective of gender.*
- ♥ *Judging Criteria:*
 - Synchronization & chemistry*
 - Expression & choreography*
 - Overall presentation*

Dentistry & Love – Fun Meme Contest

- ♥ *Create funny and creative memes combining dentistry & love.*
- ♥ *Use your wit, humour and dental experiences!*
- ♥ *Send your meme in JPEG/PNG format.*

Judging Criteria:

Humour and originality

Relevance to dentistry

Creativity in meme design



Frames of Love (Photography Contest – Theme: "Love")

- ♥ *Submit a photograph that beautifully captures the theme of Love.*
- ♥ *It can be romantic, symbolic or an artistic representation.*
- No AI-generated images.***
- ♥ *Send your high-resolution photo with a title & short caption.*

Judging Criteria:

Creativity and uniqueness

Composition and aesthetics

Emotional impact

